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n Runs Come to Cuyahoga Valley Nation

day nights in October are the nights for a fun run! Jo

on and area runners and walkers for Tuesday Night Fi the cross country-style runs begin at 5:45 p.m., regard location each week and will be between 3 to 6 miles tept secret until the night. Due to early sunsets, please y all the fun runs for free by joining Cuyahoga This is a great way to support Cuyahoga Valley Nat serve Cuyahoga Valley National Park. Please go to ank the following sponsors for their generous suppor and Vertical Runner. with the National Park Service and Cuyahoga Valley ograms and fosters community awareness, support ion about CVNPA and its membership program, visi res along the Cuyahoga River between Cleveland and rvice, CVNP combines cultural, historical, recreation can hike, bike, birdwatch, golf, fish, ski, ride C tory of the Ohio & Erie Canal on a 20-mile section o

through pre-registration and \$6.00 per run on the

a.org and visit "What's Hot."